

AP PSYCHOLOGY

AP Pacing Guide for Flipped Classrooms: Jan.–April 2021

Overview


Due to the challenges associated with hybrid and remote learning in 2020–21, a significant amount of the content and skills colleges are requiring for credit will likely need to be assigned to students as homework or independent learning. This guide allows students who are currently behind to complete all course topics from the course and exam description by May. This guide assumes students will complete approximately 30 minutes of AP Daily videos (~10 minutes each) and topic questions each day in lieu of, or addition to, assignments the teacher would ordinarily give.

How to Implement



This guide assumes students covered only ~26% of the course content and skills in the fall of 2020. For classes that have been forced off schedule, there may not be time for teacher-led instruction of all remaining topics.

- Teachers should **assign the AP Daily videos and topic questions** listed below as student assignments each week.
- Using the reports generated by the topic questions, teachers should focus their limited, direct class time on the Learning Targets where students need more help.
- If students are ahead of the pace indicated below, teachers will be able to incorporate additional days or weeks to spend more time on challenging topics, practicing course skills, or reviewing for the exam.




Week 1: Jan. 4–8

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
4.1 Introduction to Learning	AP Daily Video 1	4.A: Identify the contributions of key researchers in the psychology of learning. 4.B: Interpret graphs that exhibit the results of learning experiments. 4.C: Describe the essential characteristics of insight learning, latent learning, and social learning. <i>(continued on next page)</i>	 Topic Questions





*Prioritize the most challenging Learning Targets for your students for direct, synchronous instruction.

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
4.1 Introduction to Learning	AP Daily Video 1	4.D: Apply learning principles to explain emotional learning, taste aversion, superstitious behavior, and learned helplessness. 4.E: Provide examples of how biological constraints create learning predispositions.	 Topic Questions
4.2 Classical Conditioning	AP Daily Video 1	4.F: Describe basic classical conditioning phenomena. 4.G: Distinguish general differences between principles of classical conditioning, operant conditioning, and observational learning.	 Topic Questions





 **Week 2: Jan. 11–15**

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
4.3 Operant Conditioning	AP Daily Video 1 AP Daily Video 2	4.H: Predict the effects of operant conditioning. 4.I: Predict how practice, schedules of reinforcement, other aspects of reinforcement, and motivation will influence quality of learning.	 Topic Questions
4.4 Social and Cognitive Factors in Learning	AP Daily Video 1	4.J: Suggest how behavior modification, biofeedback, coping strategies, and self-control can be used to address behavioral problems.	 Topic Questions  Personal Progress Check





 **Week 3: Jan. 18–22**

Topic		Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
5.1	Introduction to Memory	AP Daily Video 1	5.A: Compare and contrast various cognitive processes. 5.B: Describe and differentiate psychological and physiological systems of memory. 5.C: Identify the contributions of key researchers in cognitive psychology.	 Topic Questions
5.2	Encoding	AP Daily Video 1	5.D: Outline the principles that underlie construction and encoding of memories.	 Topic Questions
5.3	Storing	AP Daily Video 1	5.E: Outline the principles that underlie effective storage of memories.	 Topic Questions
5.4	Retrieving	AP Daily Video 1	5.F: Describe strategies for retrieving memories.	 Topic Questions


 **Week 4: Jan. 25–29**

Topic		Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
5.5	Forgetting and Memory Distortion	AP Daily Video 1	5.G: Describe strategies for memory improvement and typical memory errors.	 Topic Questions
5.6	Biological Bases of Memory	AP Daily Video 1	5.H: Describe and differentiate psychological and physiological systems of short- and long-term memory.	 Topic Questions
5.7	Introduction to Thinking and Problem Solving	AP Daily Video 1	5.I: Identify problem-solving strategies as well as factors that influence their effectiveness. 5.J: List the characteristics of creative thought and creative thinkers.	 Topic Questions
5.8	Biases and Errors in Thinking	AP Daily Video 1	5.K: Identify problem-solving strategies as well as factors that create bias and errors in thinking.	 Topic Questions

 **Week 5: Feb. 1–5**

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
5.9 Introduction to Intelligence	AP Daily Video 1 AP Daily Video 2	5.L: Define intelligence and list characteristics of how psychologists measure intelligence. 5.M: Discuss how culture influences the definition of intelligence. 5.N: Compare and contrast historic and contemporary theories of intelligence. 5.O: Identify the contributions of key researchers in intelligence research and testing.	 Topic Questions
5.10 Psychometric Principles and Intelligence Testing	AP Daily Video 1	5.P: Explain how psychologists design tests, including standardization strategies and other techniques to establish reliability and validity. 5.Q: Interpret the meaning of scores in terms of the normal curve. 5.R: Describe relevant labels related to intelligence testing.	 Topic Questions
5.11 Components of Language and Language Acquisition	AP Daily Video 1	5.S: Synthesize how biological, cognitive, and cultural factors converge to facilitate acquisition, development, and use of language. 5.T: Debate the appropriate testing practices, particularly in relation to culture-fair test uses.	 Topic Questions  Personal Progress Check

 **Week 6: Feb. 8–12**





Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
6.1 The Lifespan and Physical Development in Childhood	AP Daily Video 1	6.A: Explain the process of conception and gestation, including factors that influence successful pre-natal development. 6.B: Discuss the interaction of nature and nurture (including cultural variations), specifically physical development, in the determination of behavior. 6.C: Discuss maturation of motor skills.	 Topic Questions

Topic		Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
6.2	Social Development in Childhood	AP Daily Video 1 AP Daily Video 2 AP Daily Video 3	6.D: Describe the influence of temperament and other social factors on attachment and appropriate socialization. 6.E: Identify the contributions of major researchers in developmental psychology in the area of social development in childhood. 6.F: Discuss the interaction of nature and nurture (including cultural variations), specifically social development, in the determination of behavior. 6.G: Explain how parenting styles influence development.	💡 Topic Questions
6.3	Cognitive Development in Childhood	AP Daily Video 1 AP Daily Video 2	6.H: Explain the maturation of cognitive abilities (Piaget’s stages, Information process). 6.I: Identify the contributions of major researchers in the area of cognitive development in childhood.	💡 Topic Questions
6.4	Adolescent Development	AP Daily Video 1	6.J: Discuss maturational challenges in adolescence, including related family conflicts.	💡 Topic Questions




 **Week 7: Feb. 15–19**

Topic		Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
6.5	Adulthood and Aging	AP Daily Video 1	6.K: Characterize the development of decisions related to intimacy as people mature. 6.L: Predict the physical and cognitive changes that emerge through the lifespan, including steps that can be taken to maximize function. 6.M: Identify the contributions of key researchers in the area of adulthood and aging.	💡 Topic Questions
6.6	Moral Development	AP Daily Video 1	6.N: Identify the contributions of major researchers in the area of moral development. 6.O: Compare and contrast models of moral development.	💡 Topic Questions
6.7	Gender and Sexual Orientation	AP Daily Video 1	6.P: Describe how sex and gender influence socialization and other aspects of development.	💡 Topic Questions ✔ Personal Progress Check

 **Week 8: Feb. 22–26**

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
7.1 Theories of Motivation	AP Daily Video TBD	7.A: Identify and apply basic motivational concepts to understand the behavior of humans and other animals. 7.B: Compare and contrast motivational theories, including the strengths and weaknesses of each. 7.C: Describe classic research findings in specific motivations. 7.D: Identify contributions of key researchers in the psychological field of motivation and emotion.	 Topic Questions
7.2 Specific Topics in Motivation	AP Daily Video TBD	7.E: Discuss the biological underpinnings of motivation, including needs, drives, and homeostasis.	 Topic Questions
7.3 Theories of Emotion	AP Daily Video TBD	7.F: Compare and contrast major theories of emotion. 7.G: Describe how cultural influences shape emotional expression, including variations in body language.	 Topic Questions
7.4 Stress and Coping	AP Daily Video TBD	7.H: Discuss theories of stress and the effects of stress on psychological and physical well-being.	 Topic Questions

 **Week 9: Mar. 1–5**

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
7.5 Introduction to Personality	AP Daily Video TBD	7.I: Describe and compare research methods that psychologists use to investigate personality. 7.J: Identify the contributions of major researchers in personality theory.	 Topic Questions
7.6 Psychoanalytic Theories of Personality	AP Daily Video TBD	7.K: Compare and contrast the psychoanalytic theories of personality with other theories of personality.	 Topic Questions
7.7 Behaviorism and Social Cognitive Theories of Personality	AP Daily Video TBD	7.L: Compare and contrast the behaviorist and social cognitive theories of personality with other theories of personality.	 Topic Questions

**Week 10: Mar. 8–12**

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
7.8 Humanistic Theories of Personality	AP Daily Video TBD	7.M: Compare and contrast humanistic theories of personality with other theories of personality. 7.N: Speculate how cultural context can facilitate or constrain personality development, especially as it relates to self-concept.	Topic Questions
7.9 Trait Theories of Personality	AP Daily Video TBD	7.O: Compare and contrast trait theories of personality with other theories of personality.	Topic Questions
7.10 Measuring Personality	AP Daily Video TBD	7.P: Identify frequently used assessment strategies, and evaluate relative test quality based on reliability and validity of the instruments.	Topic Questions Personal Progress Check

**Week 11: Mar. 15–19**

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
8.1 Introduction to Psychological Disorders	AP Daily Video TBD	8.A: Recognize the use of the most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association as the primary reference for making diagnostic judgments. 8.B: Describe contemporary and historical conceptions of what constitutes psychological disorders. 8.C: Discuss the intersection between psychology and the legal system.	Topic Questions
8.2 Psychological Perspectives and Etiology of Disorders	AP Daily Video TBD	8.D: Evaluate the strengths and limitations of various approaches to explaining psychological disorders. 8.E: Identify the positive and negative consequences of diagnostic labels.	Topic Questions
8.3 Neurodevelopmental and Schizophrenic Spectrum Disorders	AP Daily Video TBD	8.F: Discuss the major diagnostic categories, including neurodevelopmental disorders, neurocognitive disorders, schizophrenia spectrum, and other psychotic disorders, and their corresponding symptoms.	Topic Questions

📅 Week 12: Mar. 22–26

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
8.4 Bipolar, Depressive, Anxiety, and Obsessive-Compulsive and Related Disorders	AP Daily Video TBD	8.G: Discuss the major diagnostic categories, including anxiety disorders, bipolar and related disorders, depressive disorders, obsessive-compulsive and related disorders, and their corresponding symptoms.	💡 Topic Questions
8.5 Trauma- and Stressor-Related, Dissociative, and Somatic Symptom and Related Disorders	AP Daily Video TBD	8.H: Discuss the major diagnostic categories, including dissociative disorders, somatic symptom and related disorders, and trauma- and stressor-related disorders and their corresponding symptoms.	💡 Topic Questions
8.6 Feeding and Eating, Substance and Addictive, and Personality Disorders	AP Daily Video TBD	8.I: Discuss the major diagnostic categories, including feeding and eating disorders, personality disorders, and their corresponding symptoms.	💡 Topic Questions
8.7 Introduction to Treatment of Psychological Disorders	AP Daily Video TBD	8.J: Describe the central characteristics of psychotherapeutic intervention. 8.K: Identify the contributions of major figures in psychological treatment.	💡 Topic Questions

📅 Week 13: Mar. 29–Apr. 2

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
8.8 Psychological Perspectives and Treatment of Disorders	AP Daily Video TBD	8.L: Describe major treatment orientations used in therapy and how those orientations influence therapeutic planning. 8.M: Summarize effectiveness of specific treatments used to address specific problems. 8.N: Discuss how cultural and ethnic context influence choice and success of treatment (e.g., factors that lead to premature termination of treatment). 8.O: Describe prevention strategies that build resilience and promote competence.	💡 Topic Questions

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
8.9 Treatment of Disorders from the Biological Perspective	AP Daily Video TBD	8.P: Summarize effectiveness of specific treatments used to address specific problems from a biological perspective.	Topic Questions
8.10 Evaluating Strengths, Weaknesses, and Empirical Support for Treatments of Disorders	AP Daily Video TBD	8.Q: Compare and contrast different treatment methods.	Topic Questions Personal Progress Check

Week 14: Apr. 5–9

Topic	Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
9.1 Attribution Theory and Person Perception	AP Daily Video TBD	9.A: Apply attribution theory to explain motives. 9.B: Articulate the impact of social and cultural categories on self-concept and relations with others. 9.C: Anticipate the impact of self-fulfilling prophecy on behavior.	Topic Questions
9.2 Attitude Formation and Attitude Change	AP Daily Video TBD	9.D: Identify important figures and research in the areas of attitude formation and change. 9.E: Discuss attitude formation and change, including persuasion strategies and cognitive dissonance.	Topic Questions
9.3 Conformity, Compliance, and Obedience	AP Daily Video TBD	9.F: Identify the contributions of key researchers in the areas of conformity, compliance, and obedience. 9.G: Explain how individuals respond to expectations of others, including groupthink, conformity, and obedience to authority.	Topic Questions
9.4 Group Influences on Behavior and Mental Processes	AP Daily Video TBD	9.H: Describe the structure and function of different kinds of group behavior. 9.I: Predict the impact of the presence of others on individual behavior.	Topic Questions

**Week 15: Apr. 12–16**

Topic		Recommended Asynchronous Student Assignments	Options for Synchronous Instructional Focus*	Check for Understanding
9.5	Bias, Prejudice, and Discrimination	AP Daily Video TBD	9.J: Describe processes that contribute to differential treatment of group members.	Topic Questions
9.6	Altruism and Aggression	AP Daily Video TBD	9.K: Describe the variables that contribute to altruism and aggression.	Topic Questions
9.7	Interpersonal Attraction	AP Daily Video TBD	9.L: Describe the variables that contribute to attraction.	Topic Questions Personal Progress Check