

AP[®]

Psychology

Your Course

at a Glance

Plan

The Course at a Glance provides a useful visual organization of the AP Psychology curricular components, including:

- Sequence of units, along with approximate weighting and suggested pacing. Please note, pacing is based on 45-minute class periods, meeting five days each week for a full academic year.
- Progression of topics within each unit.
- Science practices across units

Teach

SCIENCE PRACTICES

- 1

Concept Understanding
- 2

Research Methods and Design
- 3

Data Interpretation
- 4

Argumentation

Required Course Content

Each topic contains required Learning Objectives and Essential Knowledge Statements that form the basis of the assessment on the AP Exam.

Assess

Assign the Progress Checks—either as homework or in class—for each unit. Each Progress Check contains formative multiple-choice and free-response questions. The feedback from the Progress Checks shows students the areas where they need to focus.

UNIT 1

Biological Bases of Behavior

~17–23

Class Periods

15–25%

AP Exam Weighting

<div>1</div> <div>2</div>	1.1 Interaction of Heredity and Environment
<div>1</div> <div>3</div>	1.2 Overview of the Nervous System
<div>1</div> <div>2</div> <div>3</div>	1.3 The Neuron and Neural Firing
<div>1</div> <div>2</div> <div>3</div>	1.4 The Brain
<div>1</div> <div>2</div> <div>4</div>	1.5 Sleep
<div>1</div> <div>2</div> <div>3</div>	1.6 Sensation

UNIT 2

Cognition

~17–23

Class Periods

15–25%

AP Exam Weighting

<div>1</div> <div>3</div>	2.1 Perception
<div>1</div> <div>2</div>	2.2 Thinking, Problem-Solving, Judgments, and Decision-Making
<div>1</div> <div>2</div>	2.3 Introduction to Memory
<div>1</div> <div>2</div> <div>3</div>	2.4 Encoding Memories
<div>1</div> <div>2</div>	2.5 Storing Memories
<div>1</div> <div>3</div>	2.6 Retrieving Memories
<div>1</div> <div>2</div> <div>4</div>	2.7 Forgetting and Other Memory Challenges
<div>1</div> <div>2</div> <div>4</div>	2.8 Intelligence and Achievement

UNIT 3

Development and Learning

~17–23

Class Periods

15–25%

AP Exam Weighting

<div>1</div> <div>2</div>	3.1 Themes and Methods in Developmental Psychology
<div>1</div> <div>3</div> <div>4</div>	3.2 Physical Development Across the Lifespan
<div>2</div>	3.3 Gender and Sexual Orientation
<div>1</div> <div>2</div> <div>4</div>	3.4 Cognitive Development Across the Lifespan
<div>1</div> <div>2</div>	3.5 Communication and Language Development
<div>1</div> <div>2</div>	3.6 Social-Emotional Development Across the Lifespan
<div>1</div> <div>2</div> <div>3</div>	3.7 Classical Conditioning
<div>1</div> <div>3</div> <div>4</div>	3.8 Operant Conditioning
<div>1</div> <div>4</div>	3.9 Social, Cognitive, and Neurological Factors in Learning

UNIT 4

Social Psychology and Personality

~17–23

Class Periods

15–25%

AP Exam Weighting

<div>1</div> <div>2</div> <div>4</div>	4.1 Attribution Theory and Person Perception
<div>1</div> <div>3</div> <div>4</div>	4.2 Attitude Formation and Attitude Change
<div>1</div> <div>2</div> <div>3</div> <div>4</div>	4.3 Psychology of Social Situations
<div>1</div> <div>2</div>	4.4 Psychodynamic and Humanistic Theories of Personality
<div>1</div> <div>2</div> <div>3</div>	4.5 Social-Cognitive and Trait Theories of Personality
<div>1</div> <div>2</div>	4.6 Motivation
<div>1</div> <div>2</div> <div>3</div> <div>4</div>	4.7 Emotion

UNIT 5

Mental and Physical Health

~17–23

Class Periods

15–25%

AP Exam Weighting

<div>1</div> <div>3</div>	5.1 Introduction to Health Psychology
<div>1</div> <div>2</div> <div>4</div>	5.2 Positive Psychology
<div>1</div> <div>2</div> <div>4</div>	5.3 Explaining and Classifying Psychological Disorders
<div>1</div> <div>2</div> <div>3</div> <div>4</div>	5.4 Selection of Categories of Psychological Disorders
<div>1</div> <div>2</div> <div>3</div> <div>4</div>	5.5 Treatment of Psychological Disorders

Progress Check 1

- Multiple-choice: ~15 questions
- Free-response: 2 questions
- Article Analysis Question (partial)
 - Article Analysis Question (partial)

Progress Check 2

- Multiple-choice: ~25 questions
- Free-response: 2 questions
- Evidence-Based Question
 - Evidence-Based Question

Progress Check 3

- Multiple-choice: ~20 questions
- Free-response: 2 questions
- Article Analysis Question
 - Evidence-Based Question

Progress Check 4

- Multiple-choice: ~10 questions
- Free-response: 2 questions
- Article Analysis Question
 - Evidence-Based Question

Progress Check 5

- Multiple-choice: ~30 questions
- Free-response: 2 questions
- Article Analysis Question
 - Evidence-Based Question

NOTE: Partial versions of the free-response questions are provided to prepare students for more complex, full questions that they will encounter on the AP Exam.